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Wednesday, October 30, 2019 metro.us | t: MetroNewYork | f: Metro

METRO'S NYC CAREER GUIDE

Explore your future, expand your dreams. 14-21



Director David Michôd gives the scoop on his latest feature, 'The King.' 23

Jets tease Bell, Adams blockbuster trades, stand pat at NFL trade deadline. 27



DEADLY CRASH

Two suburban NJ homes set alight Tuesday as plane crashes into sleepy neighborhood. Pilot confirmed dead. No other fatalities reported. 2



THINGS
TO
KNOW

Miraculously, no civilians were injured in the horrific accident.



MORGAN ROUSSEAU
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A plane crashed into a house in a suburban New Jersey neighborhood Tuesday, sparking fires in at least two homes and prompting a federal investigation.

The Federal Aviation Association said a Cessna 414 crashed into a home on Berkley Avenue in Colonia at 11 a.m. Tuesday, causing it to become engulfed in flames. Fortunately, no civilians were hurt, and only the pilot was on board during the time of the crash. It wasn't immediately clear what injuries the pilot sustained, if any. The FAA and the National Transportation Safety Board said they are investigating the cause of the crash.

There were no residents in the home when the plane came crashing down from the sky, according to NBC New York, but nearby homes were damaged, with flames lapping those buildings as well.

Images taken at the site showed massive flames and plumes of smoke engulfing the idyllic home. The town's mayor, John McCormac, told local media that the plane had settled in the

Plane crashes into New Jersey home



A bystander captured the event on camera.

ALL IMAGES MICHAEL YONONE

"Everything was just a massive blaze. I went running down. I don't know what I thought I was going to do. Anybody who was home would not have had a chance."

Witness

basement of the house.

"Right now we don't believe any civilians on the ground were impacted by the crash, although the pilot ... nobody knows for sure yet. Nobody has gotten close to the plane," McCormac told media shortly after the crash.

The plane was reportedly headed out of Virginia en route to a small airport in Linden, New Jersey.

Visibility was said to have dropped from 10

miles to two miles shortly before the crash. A neighbor told NBC New York that he heard a low plane before the crash.

"It sounded really low, it started to sputter a little bit," the witness told the station. "All of a sudden there was this huge explosion, or just this big bang, louder than any car crash I've ever heard."

Another witness told ABC News that the explosion "lit up the sky."

"Everything was just a

massive blaze. I went running down. I don't know what I thought I was going to do. Anybody who was home would not have had a chance," he said.

A neighbor shared on Facebook that he felt "incredibly lucky" to escape the catastrophe.

"We felt the thump and panicked thinking that either a truck crashed into our house or we just experienced an earthquake. ... Praying for the pilot and the families who were affected by this," he wrote.

A tree-lined residential town, Colonia is located about 20 mile outside of New York City.

Woodbridge Township, New Jersey, spokesman John Hagerty confirmed late Tuesday that the pilot did not survive the crash. His identity has not yet been confirmed.



Illegal migration at southern border a "crisis"

2 Arrests at or near the U.S. border with Mexico fell to their lowest monthly total of the year in September but the fiscal year total was up 88 percent, indicating illegal immigration remained a crisis, U.S. officials said on Tuesday. The number of apprehensions and people turned away at the border fell to 52,546 in September, less than half the peak of 144,116 in May but up 4 percent from September 2018. Migration tends to



REUTERS

taper off during the hot summer months, but U.S. officials and immigrant advocates say the Trump administration's strict immigration policies have contributed to four straight months of fewer arrests. President Trump has made restricting immigration a centerpiece of his first term. REUTERS

Federal judge blocks Alabama abortion ban

3 A federal judge blocked Alabama on Tuesday from enforcing the strictest abortion laws in the country, saying the ban on all abortions unless a mother's health was in danger was unconstitutional. Alabama Governor Kay Ivey, a Republican, had signed the bill into law in May and it was due to come into effect on Nov. 15. A Christian, she invoked God in support of the law, saying it would pro-

tect his creation, while opponents said it came at the expense of women's health and constitutional rights. Those performing abortions would be committing a felony, punishable by up to 99 years in prison. A woman who receives an abortion would not be held criminally liable. The law makes no exceptions even for rape and incest. The American Civil Liberties Union and other groups sued to overturn the law. REUTERS

Russia reports Kurdish fighters left Syrian border

4 Russia has informed Turkey that Syrian Kurdish YPG fighters have withdrawn from a strip of land near the Syrian-Turkish border within a deadline set by Ankara and Moscow, President Tayyip Erdogan said on Tuesday. Under an accord clinched by Erdogan and Russian President Vladimir Putin a week ago, Syrian border guards and Russian military police were meant to clear all YPG forces and

their weapons from a 30 km (19 mile) "safe zone" south of the border by 6 p.m. local time on Tuesday. In the next phase of the plan, Russian and Turkish forces are due to conduct joint patrols of a narrower, 10 km strip of land on the Syrian side of the border. Bilateral talks on how those patrols will work are continuing, Erdogan said. "Of course, our talks (with Russia) will continue tomorrow as before," he added. REUTERS

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NEWS



WIKIMEDIA COMMONS

Plans could reshape how New Yorkers travel.

ALEXANDRA ALEXA
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After initially expressing concerns over City Council Speaker Corey Johnson's "Streets Master Plan," Mayor Bill de Blasio and the City Council have come to an agreement over the bill, which is expected to pass on

Wednesday. As the New York Times reports, the sweeping \$1.7 billion plan will require the city to build 250 miles of protected bike lanes over several years. De Blasio's office says the plan "builds on the foundations the Mayor has built over the last several years under Vision Zero" but presents a more aggressive timeline that will ramp up the construction rate of protected bike lanes from an average of 20 miles per year over the past three years to 50 miles every year.

"New Yorkers know that the way we get around our city right now makes no sense," Johnson told the Times in an interview. "Our streets have been really poorly planned in a piecemeal fashion."

The plan would go into effect on December 2021 — a concession Johnson had to make to get de Blasio on board. From then on, the Streets Master Plan calls for the addition of 30 miles of protected bike lanes in the first year and 50 miles every year after. The bill also requires installing transit signal

NYC Council to pass \$1.7B plan that will build 250 miles of protected bike lanes

priority at 750 intersections during the first year and 1,000 intersections per year after that, in addition to adding one million square feet of pedestrian space.

The city currently has about 1,250 miles of bike lanes — which first started appearing under Mayor Bloomberg — including 480 miles that are protected. The Times reports that de Blasio has completed about 100 miles of protected bike lanes since 2014.

The plan aims to prevent tragic traffic deaths — which reached a record high this year — but is expected to face potentially "fierce" opposition from

community boards who "balk at having parking spaces removed."

"New Yorkers know that the way we get around our city right now makes no sense."

Corey Johnson

"I agree with him on his analysis of needing to reorient our society away

from cars," de Blasio said last month. "I agree with him that we need to be aggressive in terms of bike lanes and bus lanes. I think the dissonance here is about how we figure out achievable goals."

Transportation Commissioner Polly Trottenberg said the bill will require "a significantly reconfigured agency" in order to implement the fast-track plan, which is expected to cost \$1.7 billion over 10 years according to Johnson.

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ISTOCK

Drunk, distracted drivers a concern this Halloween

AAA offers startling stats and tips for trick-or-treaters to stay safe this Halloween.



MORGAN ROUSSEAU
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With kids across the state gearing up for trick-or-treating this Thursday, AAA released scary stats that show Halloween is a statistically dangerous night for distracted and drunk driving.

Halloween is consistently one of the top three days of the year for pedestrian injuries and fatalities, according to the National Highway Traffic Safety Administration (NHTSA). Children are more than twice as likely to be hit by a car and killed on Halloween than any other day of the year, according to AAA.

In Pennsylvania, pedestrian fatalities increased by 34 percent in 2018, with PennDOT crash data showing 14,292 crashes involving a distracted driver. In October 2017, AAA reports, cops made 3,657 drunk driving arrests.

The combination of drinking and increased pedestrian traffic on Halloween is a deadly combination. AAA and NHTSA found that:

One-fourth of all pedestrian deaths ranging in age from 5-14 occurred in the four days leading up to Halloween (Oct. 28-31) in 2017.

On Halloween night 2017, 89 people were fatally injured in a traffic crash, with 13 percent involving alcohol. In 2017, more than half of pedestrian fatalities on Halloween occurred with the pedestrian outside of a marked crosswalk. From 2013 to 2017, 158 people were killed in drunk-driving crashes on Halloween night. From 2013 to 2017, 22 percent of pedestrian fatalities on Halloween involved a drunk driver.

During that period, 42 percent of all people killed in motor vehicle crashes on Halloween

night were in crashes involving a drunk driver.

"With an increased risk of pedestrian crashes on Halloween night, AAA Mid-Atlantic urges parents to take the time to make trick-or-treaters and their costumes safer and more visible to motorists," said Jana L. Tidwell, manager of Public and Government Affairs for AAA Mid-Atlantic. "In addition, motorists must eliminate distractions, slow down and watch for children, as well as have a completely sober designated driver if drinking is part of a Halloween celebration."

Here's how trick-or-treaters can stay safe this Halloween

Parents:

Make sure Halloween costumes are flame-retardant and light in color to improve visibility.

Be bright at night – have trick-or-treaters use glow sticks or wear retro-reflective tape on costumes and on treat buckets.

Ensure that disguises don't obstruct vision, and avoid facemasks. Instead, use non-toxic face paint. Also, watch the length of billowy costumes to help avoid tripping.

Ensure any props are flexible and blunt-tipped to avoid injury from tripping or horseplay.

Ask an adult or older child to supervise children under age 12. Instruct children to travel only in familiar areas and along established routes.

Teach children to stop only at well-lit houses and to never enter a stranger's home or garage.

Review trick-or-treating safety precautions, including pedestrian and traffic safety rules.

Trick-or-Treaters:

Stay on sidewalks and avoid walking in streets if possible.

If there are no sidewalks, walk on the left side of the road, facing traffic.

Look both ways and listen for traffic before crossing the street. Watch for cars turning or backing up.

Cross streets only at the corner, using traffic signals and crosswalks, and never cross between parked vehicles or mid-block.

Trick-or-treat in a group if someone older cannot go with you. Tell your parents where you are going.

Carry a flashlight containing fresh batteries. Never shine flashlights into the eyes of oncoming drivers.

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New U.S. Ambassador to the United Nations Kelly Craft.

REUTERS

U.S. pitted against Britain, France, South Africa, others at U.N. over abortion

U.S. refuses terminology accepted by other U.N. nations.

The United States told the U.N. Security Council on Tuesday that it opposed references to sexual and reproductive health and the safe termination

of pregnancies, pitting Washington against Britain, France, South Africa and others.

While the United States joined its 14 council counterparts to unanimously adopt a resolution on women, peace and security, U.S. Ambassador Kelly Craft said Washington was unhappy that the text mentioned previous resolutions that promote sexual and reproductive health.

"We cannot accept references to 'sexual and reproductive health,' nor any references to 'safe termination of pregnancy' or language that would promote abortion or suggest a right to abortion," she said after the vote.

The statement by Craft was the latest in a string of moves by U.S. President Donald Trump's adminis-

tration against the promotion of sexual and reproductive health services by the United Nations.

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"The U.N. should not put itself in a position of promoting or suggesting a right to abortion, whether it is humanitarian or development work."

Kelly Craft, U.S. Ambassador to the U.N.

tration against the promotion of sexual and reproductive health services by the United Nations.

"The U.N. should not put itself in a position of promoting or suggesting a right to abortion, whether it is humanitarian or development work," said Craft, who took up her role in August.

The language promoting sexual and reproductive health is long-agreed internationally, including in resolutions adopted by the Security Council in 2009 and 2013 and several resolutions adopted annually by the 193-member General Assembly.

"Women have long argued that they should be able to control their bodies," South Africa's International Relations Minister Naledi Pandor told reporters. "It is their right to make that choice and this is recognized worldwide," Pandor said of abortions.

"It can't be that I'm a

tration against the promotion of sexual and reproductive health services by the United Nations.

timely "sexual and reproductive health" assistance to survivors of sexual violence in conflict.

U.N. Secretary-General Antonio Guterres told the Security Council on Tuesday that "sexual and gender-based violence continues to be used as a weapon of war, with the survivors of such violence often left without justice or support."

"This year alone, millions of women and girls were in need of life-saving sexual and reproductive health services, and millions more required interventions to prevent sexual and gender-based violence," he said.

The Trump administration cut funding in 2017 for the U.N. Population Fund because it said it "supports, or participates in the management of, a program of coercive abortion or involuntary sterilization." The U.N. said that was an inaccurate perception. REUTERS

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UK truck deaths reignite calls to tackle nail bar slavery

The deaths of 39 migrants found in a refrigerated truck in Britain has reignited calls for efforts to tackle slavery in the nail bar sector, a common destination for trafficked Vietnamese.

Most of the people discovered in the truck are believed to be from Vietnam, one of the top source countries for victims of modern slavery in Britain - accounting for about 10% of 7,000 suspected slaves referred to the government for support in 2018.

Police are still investigating the case and it is not yet clear why the victims were travelling to Britain.

But it is well documented that some Vietnamese - lured to Europe by promises of lucrative jobs - end up exploited in illegal cannabis farms and cheap nail bars which have proliferated across the country.

"It's an extreme tragedy and I think hopefully it will be a catalyst for some sort of change," said Philippa Southwell, a lawyer with Birds Solicitors who specialises in trafficking.

"(We need) tighter regulation in various sectors such as cash-in-hand nail bars and car washes where it is easy for exploitation to take place," she said, adding that nail salons were often used to launder proceeds from criminal activity.

Although many nail bars set up by Britain's Vietnamese community are legitimate, experts say traffickers have piggy-backed off their success.

Anti-slavery charity Unseen said labor exploitation at beauty salons was the second biggest concern after car washes for callers to its hotline last year, with 477 potential victims.

Britain's anti-slavery chief said on Tuesday that most recommendations made by her office in 2017 on tackling the issue - including regulation of nail bars - had not been implemented.

Trafficking experts said the deaths, which were discovered on Oct. 23, should be a "clarion call" for stronger action to protect trafficking vic-

tims and called for tighter controls including more labor inspections.

Northern Irish truck driver Maurice Robinson appeared in court on Monday accused of manslaughter, money laundering, conspiracy to traffic people and conspiracy to assist unlawful immigration.

In 2017, Britain's former anti-slavery commissioner Kevin Hyland called for tighter regulation of nail bars in a report on combating trafficking involving Vietnamese nationals.

"It's an extreme tragedy and I think hopefully it will be a catalyst for some sort of change."

Philippa Southwell

One victim quoted in his report worked seven days a week for 30 pounds (\$40). Another had to give all his money to his enslavers who locked him up between shifts.

Hyland said Britain should look at New York which had introduced controls on nail bars.

His successor Sara Thornton said the majority of the report's 35 recommendations had not been implemented.

"Although we don't yet know the full details of this case, it appears to bear the hallmarks of human trafficking," she told the Thomson Reuters Foundation.

"My office will be looking at what more can be done to improve our response to this heinous crime and reviewing the outstanding recommendations of this report will be an important part of this."

The interior ministry could not immediately comment.

The British Association of Beauty Therapy and Cosmetology

(BABTAC) said there was an urgent need for regulation, ideally by an independent industry body.

BABTAC, which launched a campaign two years ago with Unseen to raise awareness of exploitation in nail bars, said it would also like to see a

mandatory code and labor inspections.

But others said there was no need for an independent body.

"If the prices are too cheap it makes you wonder why they're so cheap," said one customer. REUTERS



A police officer is silhouetted against the sky next to the Big Ben clock tower during sunset in central London. REUTERS

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As Cuba seeks hard currency, dollar stores reopen after 15 years

Shortages have plagued the country.

Cubans flocked to a dozen shops that opened in Havana on Monday selling home appliances and spare parts for cars in dollars, as the cash-strapped government struggles to rake in tradable currency to purchase imports and pay its debts.

Washing machines, refrigerators, freezers, air conditioners, TVs, electric motorcycles, car batteries, tires and other goods were priced well below similar offers at other state stores, when available for sale in the government's local dollar equivalent, the convertible peso.

Cuba's inefficient state-run economy is going

through a liquidity crisis due to the implosion of ally Venezuela's economy and the tightening of the decades-old U.S. trade embargo under President Donald Trump.

The country is dependent on fuel, food and other imports it must purchase for tradable international currencies it earns from exports of goods and services such as sugar, tourism and technical assistance, which are all in decline.

Shortages of everything from fuel to food and medicines have plagued the country this year.

Joel Palomino, an education professor who rents out a room in his home to tourists, said he had been waiting in line at a store in the Vedado district since dawn to buy

an air conditioner.

"Cubans very much need to purchase these products at a reasonable price. The government should have done this a long time ago," Palomino said.

"The prices are lower than in convertible pesos for the same products and better than those Cubans bring back from Mexico and Panama to sell on the black market," he said.

The dollar circulated freely in Cuba alongside the peso after the demise of former benefactor the Soviet Union in the early 1990s sparked a crisis in the Communist-run country. The dollar was taken out of circulation in 2004 and replaced by the convertible peso.

Two currencies, the peso and the convertible peso, which is valued at 24



People put a refrigerator and washing machine just bought from a shop selling products for dollars into a car trailer in Havana, Cuba. **REUTERS**

"The prices are lower than in convertible pesos for the same products and better than those Cubans bring back from Mexico and Panama to sell on the black market."

Joel Palomino

pesos, circulate in Cuba. Possession of the dollar and other tradable currencies is legal, but they have previously not been deemed legal tender for purchases.

The government claims the convertible peso is equal to the dollar, but imported appliances and other goods, when available, have huge mark-ups as they must be

purchased in tradable currencies while the peso and convertible peso have no value abroad.

The state has a monopoly on foreign trade and retail sales, but Cubans travel to places such as Haiti, Mexico, Panama and Russia, where they collectively spend hundreds of millions of dollars to purchase goods that they then resell in the Caribbean nation.

Local economist Omar Everleny said the stores would benefit the state and consumers alike. **REUTERS**

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Crucial Facts Everyone Injured In A Car Accident Should Know

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NYC - If you have been injured in a car or work accident... there are two things you must know to make sure you get the best possible care and that your rights protected.

In just a moment, I'm going to give you that extremely valuable information that will probably save you from making a costly mistake.

But first, let me ask you this... You were just in a car accident. It's a tiny "fender bender." And it's not your fault... someone hit you from behind while you were stopped.

The other person is nice. And upset. They say you don't need to call the police or get insurance involved. They will pay you for the damages.

Should you do it?

The answer is

ABSOLUTELY NOT

Don't start dealing with the other party and say "let's deal with this on the side".

Let's face it... you don't know who these people are and what they are going to do.

We can give you plenty of examples of people trying to be nice and doing this only to find out the next day that the other person all of a sudden changed their story and there is a huge legal mess.

You may even be charged with leaving the scene of an accident. Do not leave the scene. That can be looked at as illegal.

Call the police. Get law enforcement there to document that the accident took place and exactly what happened.

Quick aside: If this is a work injury... call your supervisor. Right away! Don't go to your supervisor a week later saying you were injured. That can look inappropriate and lead to issues.

Back to the car accident - if you do not feel well after an accident, tell the police officer and they will arrange for you to be taken to a hospital.

But even if you are feeling OK... there is something call D.O.S. ... or "Delayed Onset Syndrome."

This means you can feel fine right after the accident but pain and symptoms can come hours, days or even weeks later.

This is pretty well documented in the medical literature. So, you should always go to a doctor shortly after an accident just to be checked over and see what's really going on.

And of course - take pictures of the accident. Everyone has cell phones nowadays... so take a few shots of the scene and the cars involved.

As soon as you can, contact your insurance company to report the accident and let them know what happened. Then follow up with the

law enforcement agencies to get official reports of the accident.

Most accidents cause damage to the human body that can last a lifetime... so they should not be taken lightly. Make sure the accident is documented and you see the right doctor who deals with these types of injuries. With trauma.

Many people believe they should go to an attorney first. This may be because of all the legal advertising for accident victims... and that we live in a very litigious society. In other words... everyone either wants to sue or is afraid of getting sued.

There is no doubt... hiring the right attorney is extremely important.

But even more crucial is going to the right doctor.

It is extremely important you go to physicians who are trained in diagnosing, analyzing injuries and managing proper treatment.

Back to DOS: One of the major issues with *Delayed Onset Syndrome* is that if you go to the wrong doctor and they miss the proper diagnosis your injury can remain dormant. Hidden and untreated for long periods of time. That "minor" injury may turn into a major problem for the rest of your life.

This is why it is VERY important that you get examined by a doctor... or group of physicians... who is trained in these trauma related injuries. In other words... make sure the proper expert is evaluating you.

What about going to a doctor your attorney picks for you?

Often times attorneys have relationships with doctors and make referrals. This may or may not be the best doctor for you. Are they experts at legally documenting a case AND diagnosing and treating these types of injuries? Will you be personally comfortable with this doctor. That is something you have to think about and find out.

Is this a doctor who just runs a mill of car accident and work comp patients in and out... getting referrals from a relationship with attorneys... or is this a doctor who really cares about you?

Because...while the legal issues are important... the doctors job is to minimize the injury and make sure you get it treated the best way possible and aren't left with debilitating and lifelong issues.

You want to do a little research when choosing your doctor. Listen to your attorneys legal advice... but they are not doctors and they should not be directing all your medical care.



Car or work accidents can be life changing events. Knowing what to do can be the difference between navigating the legal and medical system smoothly... or a complete disaster. Not to mention lifelong injuries and bills. You need a guide to help you make the right decisions.

To sum it up... you want a doctor who is both a skilled expert at diagnosing and treating these types of traumatic injuries... and... documenting your injuries for any legal issues or the case you may have. Both of these things are a must.

Finding doctors with ALL these skills is the key...

Finding doctors that can give you the best possible medical care and are also skilled at documenting your case, dealing with insurance companies... their attorneys etc. etc. etc.

How can you find doctors with these skills?

Here's how: **NYC Pain MD** is a medical clinic located in New York City that has expert doctors that are trained and skilled at some of the best medical treatments available today... and will give you all the medical guidance you need for your legal case.

We have treated countless accident victims and worked with many great attorneys.

What type of car or work accident injuries do we treat?

Here is a short list of the common one's we successfully treat all the time:

- Neck Pain including whiplash, bulging and herniated discs.
- Back Pain including bulging and herniated discs and sciatica.
- Radiating pain in the arms and legs
- Knees

- Headaches
- Shoulders
- Hands and wrists
- Feet and ankles
- Various soft tissue injuries to muscle, ligaments and tendons
- And more.

One of the best things about **NYC Pain MD** is that it has both advanced treatments and medical technology all under one roof. Patients love this because they do not have to travel to a bunch of hospitals, surgi-centers or other doctors to get most of the treatments they need.

And results are great because the doctors are all working together to get you out of pain.

And if you have a condition or need a treatment we don't offer... the proper referral will be made to get you the best possible care needed.

If this sounds like something you'd like to check out... now you can... for free.

As a community service, **NYC Pain MD** offers free screenings to anyone injured in a car or work accident.

During this screening, you get to talk to one of the doctors and get all your questions answered. The questions answered on how your injuries can best be treated by the **NYC Pain MD** medical team (or elsewhere if necessary).

The best part of the screening is you'll finally know what's going on... and what you can do about it. Most

patients are seriously relieved after this screening - having us on their side and knowing exactly what to do next.

How To Get Your Free Screening...

Just call us at **877-285-8110** and tell the scheduling coordinator you would like to schedule your free screening. As long as you are one of the first 50, it is 100% free with no obligation. There is **NOTHING** to pay for and all your questions will be answered without stress. And... you can proceed exactly as you would like from there.

Warning: The clinic is very busy mostly from word of mouth. But we wanted to open up this opportunity to as many car or work accident victims as possible.

But because we get so much demand... we have to limit this opportunity to only 50 screenings for the time being.

You have absolutely nothing to lose and possibly everything to gain. We suggest you call now to reserve a spot before they are all taken. Just Call: **877-285-8110** (Want more info - go to: <https://painmdny.com/car-accident/>)

NYC PAIN MD

"Non Surgical Medical Relief For Spine & Joint Pain"

877-285-8110

First new Delta concourse will open next week at LaGuardia Airport as part of \$8B overhaul

Overhaul plans have been brewing since 2015.

DANA SCHULZ
65QFT
letters@metro.us

It's been nearly a year since the first new gates and concourse opened at LaGuardia Airport, and now the second terminal is opening to passengers, announced Governor Cuomo today. Last year, 18 new gates at Terminal B opened to serve Air Canada, American Airlines, Southwest Airlines, and United Airlines, along with a food hall and a plethora of modern amenities. Delta's Terminal C will start serving passengers on Monday, Nov. 4th from one of its four new concourses. Not only will this terminal have floor-to-ceiling views of Citi



Andrew Cuomo, (L) Governor of New York, shakes hands with Ed Bastian, (R) CEO of Delta Airlines during an opening ceremony of Delta's new terminal at LaGuardia Airport on October 29, 2019.

ALL PHOTOS GETTY IMAGES

Field and Flushing Bay, but it will also boast a slew of foodie options and tech-focused designs.

Governor Cuomo first announced his LaGuardia Airport overhaul back in July 2015, at which time the price was tagged

at \$4 billion (it quickly grew to \$8 billion). General construction began the following summer. Terminal B is located on the western side of the airport and is an 18-gate concourse. On the eastern side, Terminal C has 37

gates spread across four new concourses.

LaGuardia is Delta's hub, and in August of 2017, they kicked off a \$4 billion construction project to replace Terminals C and D. When Terminal C opens in November,

"We're building the nation's first completely new airport in 25 years and showing the nation and the world that you can be ambitious and get big things done."

Governor Cuomo

seven new gates will be operational, running 60 flights each day to Boston, Chicago and Washington D.C. The remainder of the gates are expected to open in 2021, marking the completion of the larger project.

Delta's new terminal encompasses 105,000 square feet. A central check-in lobby, including security and baggage claim, connects the four concourses. There will also be "dual taxiways" to reduce congestion, a

larger Delta Sky Club with a Sky Deck, digital way-finding signs and hearing loop technology, and larger gate waiting areas complete with more seating and charging stations. The local dining options include H&H Bagels, Rossi Pizzeria from the chef at Lucali, Flatiron Tavern & Provisions, Birch Coffee and Juice Press.

"The opening of the first new concourse at Terminal C is a major milestone that takes us one step closer to transform-

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For more information, Contact our volunteer recruiters at 646-774-6174



People attend an opening ceremony of Delta's new terminal at LaGuardia Airport on October 29, 2019 in New York City.

\$4B

LaGuardia is Delta's hub, and in August of 2017, they kicked off a \$4 billion construction project to replace Terminals C and D.

ing LaGuardia Airport into a global gateway worthy of this state," Governor Cuomo said in a press release. "We're building the nation's first completely new airport in 25 years and showing the nation

and the world that you can be ambitious and get big things done. At the end of the day, the new LaGuardia Airport will provide a world-class passenger experience with state-of-the-art terminals and concourses like the one we're in today, new roadways and improved traffic flow, and 50 percent more tarmac space to reduce gate delays."

When the entire 2.7 million-square-foot project is complete it will boast 72 new gates across six concourses, two new connected arrival and

departure halls and 13.7 miles of new roadways. Just last week, the board of The Port Authority of New York and New Jersey approved more than \$2 billion for the long-awaited construction of a LaGuardia AirTrain that would connect at a new Willets Point station, linking up with the Long Island Railroad and 7 train. The project is currently undergoing a federal environmental review.

This story was provided to Metro through an agreement with 6sqft. Visit www.6sqft.com for more stories.

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JOY REID

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The MSNBC political analyst and chief public affairs officer for MoveOn opens up about her life and urges everyone to get involved and participate in the electoral process.

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Here's what you need to know about the in-demand jobs of tomorrow and how to get them. 15-21



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GRAD OPEN HOUSE

Adelphi Garden City
Sunday, November 3, 2019
10:30 a.m.–1:00 p.m.

Register Now Adelphi.edu/Metro

Learn about our seven
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ALL PHOTOS ISTOCK

4 NYC events to prep you for a vocational career

It's time to make your career future truly shine.

MORGAN ROUSSEAU

Ready to find the career of your dreams? We're here to help. Whether you're looking to start out or change career paths, there are plenty of local possibilities to make your future look even brighter.

HOSTOS COMMUNITY COLLEGE OPEN HOUSE

This open house is the perfect opportunity to help plan your dreams of snagging a job in vital vocational fields such as healthcare, construction, security, and even ... wait for it ... pest control. Did you know that pest control, in a city like New York, is one of the highest in-demand vocational industries? It should come as no surprise, since NYC boasts a shocking number of roaches (we did the research. Trust us, you don't want to know). But on to a more appetizing topic — culinary arts. An upcoming open house at Hostos

Community College highlights some of the affordable training programs that will prepare you for gigs in the culinary industry, which is not surprisingly one of the more in-demand jobs in the NYC area. A New Yorker's got to eat, right? **560 Exterior Street, Bronx, NY**
Saturday, Nov. 2, 2019
11 a.m.-1 p.m. Free

THE MULTI-PROFESSION DIVERSITY JOB FAIR OF NEW YORK

Let's talk health. Because of an aging and longer-living population, the health care system may have trouble keeping up with the growing influx of patients. Fortunately, New Yorkers can find some balance and affordability preparing for this career by enrolling in programs at local colleges, such as Touro College, which offers flexibility for students to earn degrees in healthcare. Touro College in particular offers programs in nursing, occupational therapy and physical therapy,



which are some of the most in-demand healthcare careers looking toward 2020. An upcoming fair, the Multi-Profession Diversity Job Fair, is the perfect opportunity to help secure employment in the healthcare field, mainly because every company attending has open positions to fill. In addition to the healthcare field, companies will also be looking to hire in these specific fields: sales, customer service, management, general business, marketing, retail, administrative, insurance, banking, engineering, accounting, finance, education, law enforcement,

government, military, hospitality, human resources, technicians, telemarketing, IT and more. Pre-registering is recommended and so is dressing professionally and bringing a few copies of your resume. It is also advised to prepare a "brag" about yourself to let potential employers know what is special about you, but most importantly it's important to keep an open mind. **Stewart Hotel, 371 7th Ave., New York City**
Friday, Nov. 15, 10 a.m.-1 p.m. Free

LEARN TO SAVE LIVES AT JOHN JAY'S EMT OPEN HOUSE

According to the Bureau of Labor and Statistics, employment of emergency medical technicians (EMTs) and paramedics is expected to grow 7 percent from now to 2028, far faster than the average for all U.S. occupations. Earlier this year, NYC union leaders warned that the city is in dire need of EMTs since the city's ability to respond to medical emergencies has reached a crisis point. People suited for this type of career — which requires an ability to remain calm and focused in a crisis — should consider enrolling in a program that can offer proper

training. Enrolling in an educational program is absolutely essential for becoming an EMT, as EMTs and paramedics typically complete a post-secondary educational program and are required to be licensed. The John Jay College of Criminal Justice will open its doors in November to prospective EMTs. **555 West 57th St. NY Room 615-616**
Thursday, Nov. 7 & Nov. 21, 6 p.m.-8 p.m. Free

UNDECIDED? CHECK OUT THIS EVENT

Job-hunters who are not quite sure what direction they want to go in, but who have a multitude of skills and interests, may want to stop by the grad open house at Adelphi University next month. With more than 60 graduate programs for in-demand professions like communication disorders, exercise science, business analytics and more, there is a way to prepare for just about any career.

Adelphi, Garden City Sunday, Nov. 3, 2019
10:30 a.m.-1 p.m. Free

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Register Now! 718-514-7103

www.hostos.cuny.edu/Continuing-Ed



Saturday, November 2, 2019
11:00am-1:00pm
560 Exterior Street, Bronx, NY 10451



**THE SKILLS
TO DO THE JOB**

These are the careers of the future (or, at least, those that will survive)

The ways of educating have changed because of the needs of the rapidly changing market.



LUZ LANCHEROS
MWN
letters@metro.us

Although some countries stand out for their educational offers, the truth is that professionals from millennials onwards have faced much faster changes than any other generation: how they communicate through technology, how they generate content and also, how they are changing goods and services through it, during the so-called Fourth Industrial Revolution.

And although robotics is already a reality and affects some professions that previously required human labor, for many people it is a distant or even dark reality. However, there are already courses and careers that have been created to meet new needs of the market.

In fact, Saadia Zahidi, head of education, gender and labor at the World Economic Forum, predicted during an event this organization held a year ago that 47 percent of world jobs would be automated by 2025. And that is why technology-related carriers will be the most demanded ones. According to the Career Addict portal, the career with more vacancies (high

demand in 24 countries) and better payment than others is application software developer (followed by mechanical engineers, doctors and nurses), with an average salary of more than \$69k per year. This coincides with the list presented with this year's study by CareerCast, which showed that in the United States, the average salary for those professionals could surpass \$101k annually.

Educating yourself is like watching Netflix

While there is still a lot of face-to-face access in educational centers, a great boom can already be seen in free and online courses, on any subject, that are provided by renowned

"We specialize on providing students with skills that cannot be replaced by machines."

Juan Felipe Moreno, country manager at online course platform Platzi

universities worldwide. And there are even special platforms that offer this service. For example, Coursera features more than 100k online courses, ranging from basic ones to masters that cost an average of \$15k. Udemy also offers the same number of courses on different subjects starting from \$15. There are even free platforms and courses offered by some universities and technology platforms (such as Google)

depending on the needs of each particular profession. All these courses seek to improve skills that are being required during the "revolution."

But how do you know if robots will replace your work? There are pages like "Willrobots-takemyjob" that show percentages and predictions. But, in any case, if you are very worried about your future, there are options to help you stay up-to-date and have more ideas to take action.

4

MOST DEMANDED CAREERS IN THE U.S.

1 Application software developer

Average annual salary: \$101,790
Demand growth by 2024: 31%.



2 Health services manager

Average annual salary: \$98,350
Demand growth by 2024: 20%.



3 Nurse

Average annual salary: \$70,000
Demand growth by 2024: 15%.



4 Medical Technologist

Average annual salary: \$51,770
Demand growth by 2024: 14%.



Q&A



JUAN FELIPE MORENO
Country Manager at online course platform Platzi

How do you select featured courses?

By 2025, in Latin America alone, there will be 1.2 million technology vacancies. We wonder how people could generate skills to get these jobs. We also take into account the needs of the market and we are constantly paying attention to what is happening within the industries.

What are the benefits of your digital platform?

Technology improves learning. That is, the content is complemented with more resources. We also have videos with high quality professionals on specific topics. People can learn at their own pace, do different tasks. Those who have taken our courses have increased their income by 64 percent. In addition, 20 percent of them have created their own company.

What are the skills required to be ready for the Fourth Industrial Revolution?

As I mentioned earlier, those that cannot be replaced by machines: creativity, entrepreneurship ... but we also have booming careers such as video game development, for example. We also have courses to develop soft skills and other offers focused on market needs.

How do you analyze the trends?

We use a data machine, we also have an analysis department, and additionally, we have a community of teachers with whom we are connected. Thus we know what is needed. Added to this, we provide services for companies and there we find out their needs.

* SOURCE: CAREERCAST (FIGURES VARY DEPENDING ON COUNTRY)



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Dr. Neil de Grasse Tyson on the next generation of scientific innovators

Some sobering career advice from the famed astrophysicist



PAT KING
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Having a healthy sense of curiosity in the way you live your life is the only way to expand your desire to learn and adapt to new information. As we begin to rely heavily on the headlines we scroll through on our own curated social media accounts, the lines begin to blur with what information we actually learn and what information we select to inform our worldview. Famous astrophysicist, Dr. Neil de Grasse, believes that this kind of regressive “digging in your heels” approach to science based education could affect our children’s

education if adults teach with this sort of mentality.

As he sees it, if we want to spark positive learning habits within our children so that they can understand when they are wrong and need to change their core beliefs, they need to be encouraged by the adults holding the clipboards.

“It’s not about kids,” says the frustrated and emphatic astrophysicist. “It’s got to do with scientifically illiterate adults who are in charge of things. As politicians, who yield resources. My entire adult life has focused on adult education because they outnumber kids five to one. They vote. They have money. They make laws and have resources. So if you stimulate a scientifically illiterate adult population, you don’t have

to worry about the kids. Because the system will be set up in such a way that we won’t lose any of them. I’m completely patient to wait awhile for an eighth grader who I’d give a talk to on why they should become a scientist [to become one]... By the time they become scientifically literate, then I have to wait around 30 years for them to become a politician? I’m not that patient.”

Throughout his time as an educator, Dr. Tyson has received correspondence from many people looking for meaning into the universe. Many of these conversations have been chronicled in his new book “Letters from an Astrophysicist”. But as I spoke with Dr. Tyson, he tells me that sometimes it can be a lost cause in convincing those who are unwilling



to learn. And this is exactly the kind of behavior we need to correct in order to ensure we have a new generation to lead the way into scientific innovation and advancement.

“Once when I had a conversation with a guy who was convinced we never landed on the moon,” recalls Dr. Tyson. “A full grown up person! He said, ‘If you tell me we landed on the moon, then I’ll

believe it’. And I said, ‘No, that’s not how this works’. It’s not about party of who speaks. It’s about the valuation of evidence and that does not require the party to engage. So I said, ‘What evidence would convince you that we landed on the moon?’ So I sent images of the landing site... So he goes home, looks at the website, comes back and said, I saw those images, but I noticed that the website was co-created

by NASA and NASA is the government. So the government could have faked all of those images.’ I said, ‘We’re done here’. I said, ‘I gave you exactly the evidence that you sought and the fact that you have now rejected that means we have nothing to talk about’. I don’t think I convinced him. But again, it’s a matter of what is missing and the training of that person when they attended school.”

Adelphi: A personalized and career-focused approach to graduate education

Here are the top six reasons students choose Adelphi:

FERN CHAN

1. Strong Career and Professional Training

Within six months of graduation, 94 percent of our graduate students are either employed or continuing their education. And 93 percent of graduate students who are working had job offers before graduation. Students find internship and job opportunities through our powerful, engaged global alumni network that’s 115,000 strong. The average annual base salary of our 2018 grad school graduates is \$72,247—more than \$6,500 more than the national average.

2. Opportunities for Scholarships, Grants and Waivers

During the 2018–2019

academic year, 988 graduate students were awarded approximately \$4.3 million in University assistance in the form of scholarships, grants and tuition waivers.

3. A Commitment to Personalized Education

Graduate students at Adelphi learn in small classes and benefit from personalized attention, collaboration with faculty on innovative research projects and hands-on learning. Students learn from award-winning, dedicated professors who know them by name. It’s said that Adelphi is big enough to give you choices, small enough to feel like home.

4. Highly Ranked Programs Taught by World-Class Faculty

Adelphi has gained national recognition for our commitment to top-quality education. U.S. News &



World Report identified seven Adelphi University graduate programs as top programs. The National League for Nursing has recognized the College of Nursing and Public Health as an NLN Center for Excellence. Adelphi has been recognized among the nation’s Top Professional Graduate Degree programs by Abound: Grad School for providing master’s degree programs for professionals with afford-

able and flexible options, outstanding accessibility to professors and campus support services, opportunities to accelerate the path to graduation, and preparation for sustained career growth.

5. A Recognized Leader in Diversity

Adelphi has won four national awards from INSIGHT Into Diversity in the past two years: the 2018 and 2019 Inspiring Programs in STEM

Award, and the 2018 and 2019 Higher Education Excellence in Diversity (HEED) Award in recognition of our commitment to diversity and inclusion. Adelphi is considered an LGBTQ+-friendly campus and earned 4.5 stars out of 5 from the Campus Pride Index, showing our commitment to create a safer and more inclusive campus. Students of color, international students, neurodiverse students, those who are

the first in their families to attend college, and many others will find a home here and have access to mentoring and support.

6. The Best of Both Worlds

Students attend classes in state-of-the-art facilities on our beautiful main campus in Garden City. Those who’d like to live on campus can choose from seven residence hall options. Our campus is just 23 miles, or less than a one-hour train ride, from New York City’s cultural and internship opportunities.

Graduate Open House
Garden City Campus
Sunday, November 3, 2019
10:30 a.m.–1:00 p.m. And while you’re there, take a tour of Adelphi’s gorgeous campus—recently named Best Public Garden on Long Island. Visit Adelphi.edu/Metro to register.

JOHN JAY

COLLEGE OF CRIMINAL JUSTICE

PROFESSIONAL STUDIES



Train with the best EMT professionals at John Jay College of Criminal Justice

Professional Studies at John Jay College of Criminal Justice is the premier professional education institution serving the individuals and organizations who guard public safety and security in the fields of law enforcement, emergency services and security. We educate today's heroes to be tomorrow's leaders in criminal justice, social justice, and public safety.

Why be an Emergency Medical Technician?

In the city that never sleeps, there is no shortage of emergencies with

over 8 million people residing in the five boroughs of New York City. When a call is placed to 911, the nature of the emergency can range from a heart attack, slips and falls, childbirth, automobile accidents to gunshot wounds. EMTs respond to thousands of emergencies each day and provide basic life support services and when necessary, transport the patient to a medical facility.

A day in the life of an EMT is never boring, and is often a rewarding career with a strong sense of purpose to help those in need. With the EMT Original program offered through Professional



Studies at John Jay College, you will learn from the most seasoned practitioners in the field in how to acquire the life-saving techniques and be a true hero in emergency situations.

EMT Open House

Come to our special Open House event and get a first-hand look at what it takes to become an EMT.

Dates: Thursday, November 7 and 21, 2019 • **Time:** 6pm – 8pm

Location: 555 West 57th St, Room 615-616, NY, NY 10019

For more information, visit www.jjay.cuny.edu/professional-studies or call 212-237-8699

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			4	2			9	
5					8		2	
6		5	7	8				
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HARD

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READER WRITE-INS:

TRUMP'S ANNOUNCEMENT

I was happy with Trump's announcement of the killing of a horrible man, but not happy referring to him dying like a dog. I hate, hate those expressions. Unfortunately, one of our brave intelligence canine were wounded and I pray for a speedy recovery.

What is dying like a dog? Why couldn't he just say dying the way a terrorist should die? A coward? Garbage?

It's interesting looking up where the old expressions came from, but now I don't get the new ones either!!!

Anonymous, Metro US reader



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Aries Look at the broader scope of a situation and expand your knowledge and plans. A move or personal change is supported. A partnership looks promising.



Taurus Implement change. It's up to you to strive to make your dreams come true. A meaningful relationship should be instrumental to helping you reach your goal.



Gemini Someone will send you mixed messages regarding a relationship. When in doubt, ask direct questions. It's best to find out exactly where you stand before you become too friendly.



Cancer Personal gains can be made, along with physical improvements and professional progress. Your innovative way of handling responsibilities will give you the edge you need to get ahead. Romance is on the rise.



Leo If you express your intentions, you will get the feedback you need to forge ahead. Opportunity knocks, and though not everyone will be happy with your choices.



Virgo Don't let emotions overwhelm you. A practical outlook will help you overcome any pitfall you face. Moderation will ward off a costly mistake. Romance is encouraged.



Libra Size up a personal situation and make financial adjustments that will help ease stress and lower your overhead. Learn from the experience and save for the future.



Scorpio An open mind and a keen imagination will bring about positive change. If you tighten your relationship with people who can help you achieve your dreams, new opportunities will sprout.



Sagittarius Enthusiasm can be useful, but don't be gullible. Someone's rags-to-riches tale may sound exciting, but don't buy into someone else's dream. Stick to what you know.



Capricorn A steady pace will lead to a positive change. If you let anxiety surface, it will hinder what you are trying to achieve.



Aquarius Look at your schedule, finances and responsibilities before you make promises. Concentrate on gaining more stability and long-term security. Don't let anyone take you for granted.



Pisces Go over agreements and make adjustments. Equality will be the deciding factor as to the outcome and longevity of a partnership. Honesty and transparency are mandatory. EUGENIA LAST

LIFESTYLE



ALL IMAGES NETFLIX

Director David Michod on re-working Shakespeare for *'The King'*

The new film starring Timothee Chalamet will be available on Netflix this weekend.



PAT KING
patrick.king@metro.us

It can be a pretty tall order for any filmmaker to adapt the words of Shakespeare to the screen. Australian director David Michod and his writing partner, actor Joel Edgerton, both understood that while making the new war epic, *"The King,"* starring both Edgerton and Timothee Chalamet as the young king, their film borrows from the immortal bard's famous play *"Henry V"* while they made sure to add their own touches and nods to history.

"Well, when Joel and I first started talking about it, it was obviously, initially, through the prism of Shakespeare," says Michod. "Because, you know, the greatest writer in the history of the language had stepped so firmly over that territory before that it's almost impossible for us, impossible for anyone these days, to think about Henry V without think-

ing about Shakespeare's 'Henry V.'"

This story of an idealist who eventually gets his shot at power is one that has been told many times throughout history with credit owed to the endurance of Shakespeare's words. It was a story both Edgerton and Michod had been wanting to tell ever since Edgerton had cut his teeth playing the role of Falstaff on stage in Sydney.

"It was almost like a career-forming experience for him; it was a much talked about performance," Michod remembers. "It was a defining moment for him. And so I think it loomed large for him, all these years later. We started talking about it and realized that the movie version of what we might want to do would have to be different, because the plays are written, they're extraordinary things to read, but they're written to be performed, to be presented on an Elizabethan stage. Unless you treat that in a very particular, formal way, I don't think it makes for the kind of cinema that I would want to make."

In the past, filmmakers and theater companies have presented this story

and the conflicts between the British and the French during this time period in a more bombastic and heroic light. This glorification of war was something both Edgerton and Michod wanted to avoid.

"In order to make this film today, it felt necessary that we engineer it in that way. The play, 'Henry V,' especially, was written in a very different time. [It] has been presented in the past, very frequently, as a heroic story of great English triumph. It felt really inappropriate for us to make that version of it today," says Michod.

"And so instead, we became very interested in the idea of generating a different story, a different interpretation of 'Henry V' that would be more about how a young idealistic man might find himself consumed by the institutions."

The idealistic young man they found to play Hal, of course, is Chalamet, who delivers a profound performance that perfectly encapsulates the young King's transition from innocence towards being drunk on power.

"I really loved the idea of taking that kid from 'Call Me by Your Name' and plunking him in the

beginning of this movie. You suddenly wind the clock back 600 years and there you are," laughs Michod. "But then there is a change and then the great burden of responsibility descends upon him. And, in a way, our version of 'Henry V' becomes like a kind of making-of-a-tyrant story. There was something really exciting to me about the idea of taking that kid from 'Call Me by Your Name' and turning him into a tyrant."

Aside from these narrative choices, one thing that sets the film apart from other medieval war epics is that Michod went to great lengths to make the viewer truly feel the panic-inducing and claustrophobic nature of these skirmishes.

"From the outset, I was thinking about what version of that movie would I make? And it was something that, my version was one that hopefully felt earthy and real and human and ... other-worldly," said Michod of the film's intense center-of-the-action approach to combat.

"Who knows what 600 years ago felt like? That extended to the battle. So when Hal has his one-on-

one fight with Hotspur, I wanted that not to be about super fancy sword play, I wanted it to be about two kids wearing trash cans, smashing the sh-t out of each other, heaving for breath and rolling around on the ground."

"And then when we got to the battle, it felt important to me that you be able to follow characters through it. And I wanted to make sure that I shot the whole thing from human eye level, rather than with drones and cranes. And I wanted it to feel like you were in the claustrophobic panic at-

tack of that kind of hand-to-hand war," he says. "It felt like that when we were shooting it, especially with Timmy's fight in the battle ... it was frightening for me behind the camera, because it felt dangerous! I felt like I was watching Timmy, the actor, just trying to stay alive, because there are too many moving parts. There are too many stunt guys slipping around in the mud, wearing helmets they can't see through properly, and in the middle of it is our leading man. And I've got to make sure he doesn't die."



The life behind the meme

HIDE THE PAIN HAROLD

His real name is András Arató and he is a 73-year-old Hungarian retired man who found fame in the most unexpected way.

MONICA GARZÓN, MWN

András Arató, a 73-year-old Hungarian who during his life served as an electrical engineer, is the face behind the famous meme that circulates on the internet, "Hide the Pain Harold."

In an interview with Metro, he confessed that at the beginning he was looking for a way to erase and end all of his photos.

He explained that everything happened after agreeing to participate in a referential photo shoot in September 2011, and five weeks later his face appeared in a publication on Facebook and then on the

social network Facebook, where several pages were created with the name 'Hide the Pain Harold,' that eventually ended up launching him to stardom on the web.

The striking thing about this man is his facial expression seems to hide discomfort behind a nervous smile, which is why his image was used as memes and stickers.

However, not everything is fun and games; it has not been easy for him to accept his popularity and become someone famous. He made it clear that it was a shocking experience because he says nobody wants to see their face being the subject of jokes.

How did you become a celebrity?

It was purely by coincidence after having agreed to be part of a referential photo session. I never wanted to become a meme, but people on the internet

discovered me. Many people began to share my photos and make memes with them, so I had no choice but to face the situation and become a professional meme. However, I am a serious man, I am an electrical engineer.

How has your family received your popularity?

I have a wife and a son who do not like that all this happened, the reason is the same, they do not want to make fun of me. And they consider it an invasion of our privacy.

How was the experience of moving from a normal life to that of a celebrity?

Dramatic, I think. I used to lead a happy everyday life. For example, I would go shopping, organize my room, do laundry ... things that anyone that is retired does. Now I travel around the world, I meet interesting people, I come to

shows. It's a crazy new life that I'm getting used to.

Have you already begun to have an economic benefit from this situation?

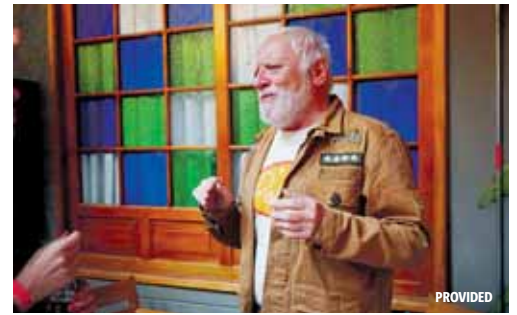
It's difficult to answer, because many believe that I have. The truth is that after the meme came out I did not receive a cent, nobody paid me to use my face. Now they call me to do commercials, to give conferences, so now I do make some extra money.

Do you use your own memes on WhatsApp conversations?

Sometimes yes [laughs]. People usually send me memes that other people have made.

Have you gotten used to fame?

I would say that just recently, about two years ago. I always explain that before all this, I would use my social networks only with my



PROVIDED

co-workers, friends and, of course, my family, at that time I had very few friends and followers, but now I have about two million.

What is the most difficult thing about becoming a celebrity?

Sometimes I end up very tired after a long day full of interviews, but at the end of the day I did my best, it's part of the life of an artist.

What is coming up for you now?

My next invitation is to a university in Hungary to have a conversation with students about what happens on social networks and the use of other people's image.

What do you think of

millennials and social networks?

I think they are the means of the 21st century. I grew up with newspapers and magazines, but now people have Instagram and Facebook, now young people almost don't watch TV, they watch videos on YouTube and produce their own content.

Children and young people should be more careful with social networks. Many forget that today they are teenagers, but that, in 10, 20 or 30 years their photos will continue on the internet, although surely that is not a problem for them. I think that everyone who has social networks should keep in mind that this is for eternity.

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Head to the NYC Craft Beer Festival this week. PROVIDED

Everything you need to know about the NYC Craft Beer Festival

On Nov. 1 and 2, the NYC Craft Beer Festival makes its return.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

New York City welcomes back its famous New York City Craft Beer Festival! The festival is featuring around 75 different breweries and will have over 150 craft beers for attendees to taste. The festival has a focus on local selections and seasonal selections.

The event is taking place on Friday, Nov. 1 and Saturday, Nov. 2. The event is taking place at Union West, which is located at 535 W 28th St.

Local brands, as well as big name brands, will all be in attendance. Here are a few of the breweries that will be attending the event: Guinness, Cooney Island Brewing Co., Catskill Brewery, Lagunitas and many more.

At this event, you can find a brew for everyone, but besides beer tasting, the event will also have some craft spirits to explore!

When it comes to tickets, you can purchase general admissions tick-

ets or you can buy VIP tickets per session. Tickets will cost you anywhere from \$55 to \$85.

On Nov. 1, the event is offering an 8 p.m. session for regular ticket holders, but VIPs can attend the event starting at 6 p.m. Session #1 ends at 10:30 p.m.

On Saturday, they are offering two sessions



ISTOCK

throughout the day. VIPs for Session #2 can start the event off at 1 p.m., whereas regular ticket holders can start the event at 2 p.m. Session #2 ends at 4 p.m.

The last session taking place Saturday night will open at 6 p.m. to VIPs. General admission folks can enter the event at 7 p.m. The final session ends at 9:30 p.m.

The general admission ticket includes ap-

proximately 75 breweries, 150 craft beers, craft spirits tastings, food & vendors, retail shopping, a souvenir tasting glass, unlimited craft beer tastings, unlimited cider tastings, unlimited spirits tastings and craft cocktails mixologist, Mcson Salicetti making some specialty cocktails.

The VIP ticket includes the above items, and on top of those, VIPs will have: early access, an oyster hour (\$1 oysters) and a private bar, which will be featuring rare craft selections and tasty cocktails served by mixologists!

In addition to regular tickets, there will also be a Designated Driver Program (DDP). The event will be selling DDP tickets at the box office on the day of the event. This ticket will allow entry to the event but no alcohol service. The DDP ticket will cost \$20 per person.

It is also important to note that most items at the event will be cash only. There is an ATM available, but if you want to skip the extra fees, cash is the way to go.

To purchase your tickets, check out Eventbrite.com.



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MARVEL 80 YEARS

A STORY WORTHY OF A COMIC

It is impossible to talk about comics without mentioning all the characters and parallel universes that Marvel has created. Metro pays homage to the company that made us believe that heroes do exist.

METRO WORLD NEWS

The 60s

became Marvel's peak moment, since their comics were sold like hot cakes. For many, the reason for their success was due to characters with true feelings, often driven by guilt or anger.



Marvel also stood out in regards to politics and social change with characters such as the X-Men and Black Panther.

Venom's appetite seems insatiable, but the truth is that there is only one food in the world that can stop his desire to eat brains: chocolate.



For its 80th anniversary, Marvel launched a special edition comic that pays tribute to many of its most important characters, including Iron Man, Hulk and Spider-Man. And of course, the company also give space to lesser-known characters.



Deadpool

is one of the most irreverent characters in Marvel universe and at the same time one of the most noble. If you did not know, thanks to the mutant power of regeneration, he



1939



was the year Marvel was born, although at that time it was called Timely Publications. Its creator was Martin Goodman.

That year, its first comic was published featuring three characters: Human Torch, Namor and the Angel.



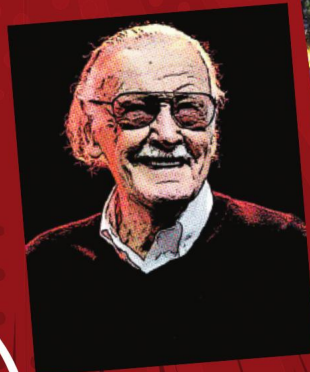
Captain America

1941



became the first recognized Marvel character. His first appearance was in the title Captain America Comics #1.

was the year that Marvel published one of its most commented covers. It showed Captain America hitting Adolf Hitler in the face.



In addition to iconic characters,

Stan Lee

will always be one of the most important Marvel names. He started working there in 1939 and debuted as a screenwriter in a story about Captain America.

SPORTS

Despite Adams, Bell rumblings, Jets stand pat at trade deadline

The Jets were unable to pull off a blockbuster move before Tuesday's NFL trade deadline.



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After a few hours in which it looked like the New York Jets were going to be dismantled, the NFL's trade deadline came and went on Tuesday at 4 p.m. ET without making another major deal.

Multiple reports surfaced that the organization was looking to trade both All-Pro running back Le'Veon Bell and star safety Jamal Adams, though general manager Joe Douglas opted not to make a move.

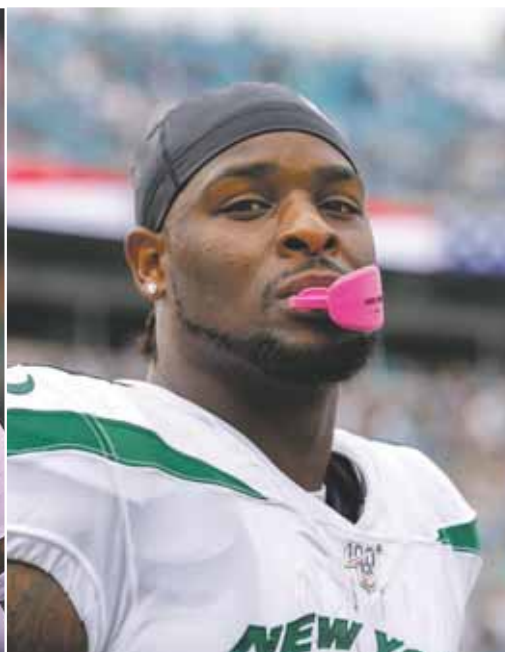
The Jets were reportedly contacted by the Houston Texans and Kansas City Chiefs about Bell, but ESPN's Adam Schefter reported approximately an hour before the deadline that the team was not planning to trade him.

Bell was the Jets' prized signing of the offseason, inking a four-year, \$52.5 million deal with Gang Green after sitting out the entire 2018 season due to contractual issues with the Pittsburgh Steelers.

Despite being one of



Jamal Adams (left) and Le'Veon Bell (right) were reportedly included in trade talks by the Jets on Tuesday. GETTY IMAGES



the most talented dual-threat backs in the NFL, giving second-year quarterback Sam Darnold his most impressive weapon yet, Bell's arrival didn't come without its fair share of controversy.

Head coach Adam Gase was not thrilled former GM Mike Maccagnan spent that much in free agency on just one player for a team amid a rebuild. It led many to speculate that the move was the hammer blow that got Mac-

cagnan fired.

The prospect of trading Bell would not only have gotten Douglas the capital needed to aid his rebuild, but the GM and Gase could have shipped one of the last big Maccagnan decisions out of town.

They would've had to contend with an irate fan base, though, seeing as Bell was the lone bright spot of the Jets' miserable offense while Darnold was recovering from mononucleosis.

He has 536 total

yards from scrimmage this season — which is roughly 36.5-percent of the Jets' entire offense — with two touchdowns.

Bell has also put to bed any reservations about attitudinal issues as he has done and said the right things after emerging from his season-long holdout last year.

New York's 29-15 loss to the Jacksonville Jaguars saw the star being used sparingly as he only had 12 total touch-

es, including just nine rush attempts.

As for Adams, a move to the Dallas Cowboys looked likely at some points throughout the day. The 24-year-old grew up in Texas and was reportedly open to a move away from the Jets.

After the deadline passed, Schefter revealed that the Baltimore Ravens were also heavily involved in Adams talks.

For a player that constantly made his love

for the Jets known, the willingness to move suggests just how bad things have gotten in the locker room under Gase.

Since being drafted sixth overall in 2017 out of LSU, Adams has developed into one of the top defensive backs in the NFL.

He has provided a lone bright spot for a franchise mired in mediocrity, posting 197 combined tackles in his first two seasons in the league with 5.5 sacks, 18 passes defended and an interception.

Adams has 39 combined tackles, five passes defended and an interception in seven games this season.

Considering his All-Pro abilities and his age (24), the return for Adams was expected to be a high one for the Jets.

One of the recent templates used in gauging what they could expect was the Miami Dolphins' trade of Minkah Fitzpatrick to the Pittsburgh Steelers, where they received a 2020 first-round draft pick, a conditional 2020 fifth-round draft pick, and a conditional 2021 sixth-round draft pick.

With a higher ceiling, the Jets were reportedly looking for more than that as SNY's Ralph Vacchiano added that the team's asking price was "huge."

Giants also stay quiet



The Giants were expected to deal three veteran names on Tuesday in the form of Janoris Jenkins (left), Alec Ogletree (center) and Nate Solder (right). None of those players were traded on deadline day. GETTY IMAGES

WEDNESDAY SPORTS SCHEDULE



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Frank Ntilikina (11) played in a season-high 22 minutes on Monday night vs. the Bulls. GETTY IMAGES

Should Frank Ntilikina be the Knicks' starting PG?

The Knicks' young guard continues to struggle on the offensive side of the floor, but his intangibles made a statement on Monday night.



JOE PANTORNO
joseph.pantorno@metro.us

Frank Ntilikina has become the prodigal son of Madison Square Garden — which is an odd thing to say considering the other promising youngsters on the team like RJ Barrett and Kevin Knox.

Yet the French guard, now in his third NBA season, has become a major focus of the New York Knicks faithful due to a lack of playing time through the team's first four games.

The 21-year-old has played just 25 minutes this season, including 2:54 in the season opener against the San Antonio Spurs, a DNP against the Brooklyn Nets and 18 seconds on Saturday against the Boston Celtics.

Saturday's game saw the Madison Square Garden crowd grow restless with head coach David

Fizdale and struggling point guard Dennis Smith Jr., as they chanted "We want Frank" during the third quarter amidst the fellow youngsters' struggles.

Averaging 8.7 minutes per game in his first three outings of the season, Smith — who has averaged 14.2 points per game in his first two NBA seasons — has made just one of his first 11 shots this season.

It's a difficult start for a player that has shown plenty of promise. Lingering injuries (wrist while with the Mavericks, back in preseason) and a rusty, revamped jumper is stacking the deck against the 21-year-old.

Smith took a leave of absence ahead of Monday night's win against the Chicago Bulls after the passing of his stepmother. There is no timetable for his return as of yet.

Under the unfortunate circumstances, Ntilikina had an opportunity to get consistent playing time in a crowded Knicks backcourt alongside Elfrid Payton and the rookie Barrett — who has gotten significant minutes at the 1 despite being a natural 2 or 3.

While the Knicks

pulled out their first win of the season on Monday night behind the late heroics of Bobby Portis and Julius Randle, Ntilikina's game was once again a major talking point.

In 22:16 of playing time, Ntilikina provided stifling defense, especially down the stretch as the Knicks finished the game on a 15-0 run.

The box score wasn't as kind, though, as he went 0-for-6 from the field with two rebounds and two assists.

He has yet to score a single point this season.

Regardless, Ntilikina's defensive contributions and his decision-making in every aspect but shooting the ball should put him in strong consideration for Fizdale to give him the start on Wednesday against the Orlando Magic.

Having a strong defensive presence in the backcourt is often a rarity in the NBA and if Ntilikina can improve on his shot selection and overall aggression on the offensive end of the floor, the Knicks are looking at a player who could put up 10 to 15 points per game.

Realistically, that's all the team would need in an offense that one day will be carried by Barrett.

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NOTICE OF FORMATION of ALMAC LLC. Articles of Org. filed with the Secy. of State of New York (SSNY) on 08/13/2019. Office location: New York County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC c/o 1046 Amsterdam Ave., New York, NY 10025. Purpose: Any lawful activity.

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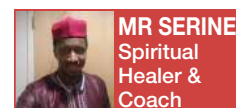
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GAMES

ACROSS

1 Kourtney, to Khloe
4 ___ from; in addition to
9 Scenic range
13 Baseball's Aaron
14 Bit of parsley
15 Sing alone
16 Williams or Warhol
17 Small radio
19 Jet ___; personal watercraft
20 Singer/actress Della
21 Take just one bite
22 Long look
24 ___ alai
25 Walking ___; notice that you're fired
27 Ornamental column
30 Residence
31 Singer Carmichael
33 Siesta
35 Mountain road
36 ___ over; delivers
37 Commotion
38 Feasted on

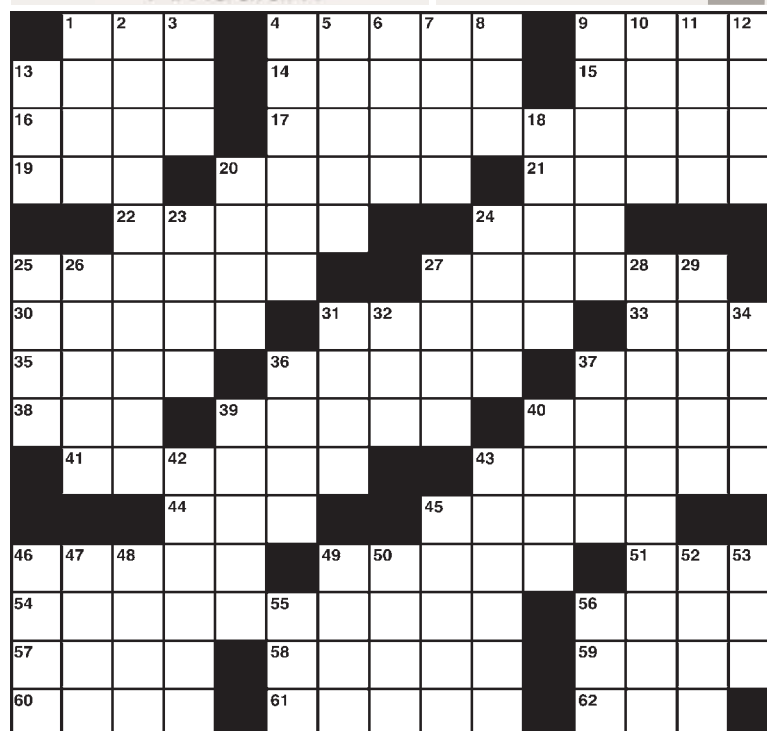
metro.us/crossword

39 Hemorrhoids
40 Playground sight
41 Murphy & Van Halen
43 Elegant; stylish
44 "How Green ___ My Valley"
45 Wed secretly
46 Actor Buddy
49 Undress
51 Greek letter
54 Easter basket wrapping
56 Night twinkler
57 Falling ice pellets
58 Altercation
59 Cry from a sty
60 Pitcher's goals
61 Beginning
62 A's followers

DOWN

1 Couldn't stay afloat
2 Slightly ill
3 Heaven above
4 Fall flowers
5 On a ___; spending freely
6 Retirement accts.
7 Eat
8 Actor Marshall & others
9 Attack
10 Parcels of land
11 Story line

12 As ___ as a boil
13 ___-been; one no longer popular
18 Florence's nation
20 Unusual
23 Turner & Cruz
24 Lively dances
25 Family member
26 Diminish
27 Cushions
28 Germ killer
29 Sudden attacks
31 Holbrook & Linden
32 TV's "___ Life to Live"
34 ___ on; victimize
36 Rushes
37 Swat
39 Stringed instrument
40 Feed the pigs
42 ___ in; inhabits
43 Customer
45 Bert's buddy
46 Repeated sound
47 Actor Bridges
48 Narrow cut
49 Have nothing to do with
50 Sunbathes
52 Beach surface
53 Annoy
55 Prefix with claim or create
56 Cry

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Rocket
Sci-Fi
Spaceship
War
Worlds

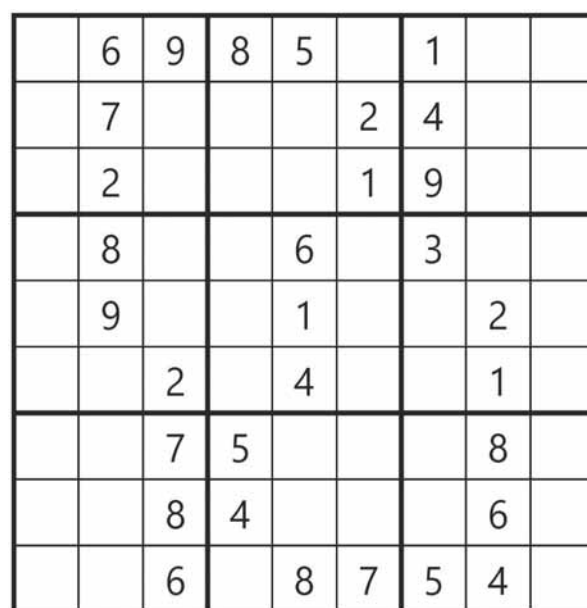
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